



## Foss Fall/Winter Meals



### Sunday

Meatloaf

mashed potatoes

mixed green salad with pomegranate, goat cheese, and pecans

Basic Bread

### Monday

Pasta Bolognese (or [other pasta](#))

Green salad

Basic Bread

### Tuesday

[Garlic Chicken and Angel Hair pasta](#)

[roasted broccoli](#)

### Wednesday

[roasted chicken](#)

sweet potatoes

mixed green salad with pomegranate, goat cheese, and pecans

### Thursday

Chicken and Cream Cheese Enchiladas

Spanish Rice

### Friday

[Baked Macaroni and Cheese](#)

[Brussels Sprouts with maple glaze](#)

### Saturday

[Cream of Tomato Soup](#)

Grilled Cheese

