



Foss Fall/Winter Meals



Sunday

[Rustic Chicken](#)

[Butternut Risotto](#)

Roasted Broccoli

Monday

[Chicken Tikka Masala](#)

coconut rice

Tuesday

Chili

Grilled Cheese

Wednesday

Split Pea Soup

corn muffins

Thursday

[Beef Stew](#)

cornbread

Friday

[White Bean Soup](#)

Rustic Bread

Saturday

Fajitas w/ Grilled chicken

